

SNOWBOARD BINDING

Abstract of the Disclosure

[0031] A snowboard binding has a support structure with a base plate and side plates that project from the base plate. Tension cables, which hold a single instep element, are attached to the side plates. The instep element extends from a toe region of the boot up to at least its instep region. A single tensioning device for the tension cables is independent of a pivoting position of a heel element.